

Spring 2023 Newsletter



Once a Wildcat—Always a Wildcat!

Celebrate 50 Years of Service-!!



What a difference a year can make.

Student Update: Students are able to once again get jobs and although the basketball teams didn't go further than we all wanted, what a glorious time all had being able to freely move across

the campus and participate in activities with the mask mandate gone!

Our big news is that we will be celebrating in the Fall the 50th Anniversary of the original non-profit. Our predecessor was called The Wildcat Club. It was founded in September 1973 and one of the original four founders Dr. Ronald (Bud) Russo, is still alive and donating. Invitations will be going out not only to all of our donors, but to all of the scholars from our first awardees, the Class of 2001 to the Class of 2024.

In 2000 the Wildcat Club ceased operating as the sports booster club for Villanova and changed their name to the Blue White Scholarship Foundation and their mission from raising money for the sports teams to raising money for the students who had a financial need. Their vision was that no student would be stopped from graduating with a Villanova degree due to a lack of funds. The first class to benefit from this decision was the Class of 2001. So soon we will celebrate the 25th Anniversary of the scholarship foundation, but this year let us pay tribute to all of you who have stayed the course over the past 50 years.

Heads up– Villanova's Reunion Weekend

June 9-11. Please stop by and say hello at the Blue

White Luncheon/ Cocktail hour on Friday June 9. We try to make sure we don't interfere with anything going on at campus. "Special milestone celebrations are planned for graduates of class years ending in 3 and 8, Congratulations to the Class of 1973 for your 50th Anniversary and Class of 1998 for your 25th



Anniversary. We welcome the Classes of 1953, 1958 1963, 1968, 1973, 1978, 1983, 1988, 1993, 1998, 1993, 1998, 2003, 2008, 2013, and 2018, to our Cocktails and Lunch at Overbrook Golf Club, just 3 minutes from school. This is a free reunion event so RSVP to KateCellucci@BlueWhiteClub.com with the SUBJECT: REUNION Tell me the names of the people in your group and you will be put on the list! We also have a dinner party going. Call me (610)

Kick off Party for the 50th Anniversary Year-October 28

SAVE THE DATE:

WHEN: OCTOBER 28, 2023

304-3848 if you are interested.

WHAT: Homecoming Football Game & After Party

100 Tickets

WHERE: Saturday Club, Wayne PA

Donors will be judging this year's applications starting in late May.

Our criteria remains helping students who have a financial need and a superior work ethic. Thank you in advance to all of you who participate in this process. Please call me if I missed you and you would like to be a Judge. (610) 304

-3848

Need Your Help

We are down \$30,000 this year from last year at this time.
Unfortunately we were told by our website hosting company that is now a violation to sell raffle

tickets on the website. We need to sell the tickets and can now only do this by word of mouth. Please call me with your credit card or send a check along with the form in the back of this newsletter. You can also make a regular donation on the website or Venmo, but you need to contact me so I can credit your transaction as a purchase of a Raffle ticket. I will then fill out your paperwork for you. Happy Spring & A Big Hug!

Second Visitor Story

Wow! You all have figured out that we are serious about having "211 Bair Road" be your "Home Away From Home" when you come to visit Villanova. Such is the case with the Laperriere family. (Mass.)

So here it goes on Monday, I got a phone call Ricky Laperriere's wife.

Tina wanted to surprise her husband with tickets to the De Paul basketball



game. 48
hours later 5
Villanova
fans arrived
at the door
ready for
some 'Wild"
Cat fun!

Everyone
was anxious
to see if they
might "Luck

Out" and see Jay Wright in person at the game because two years earlier Coach Wright, at the request of Ricky's daughter, surprised Ricky by making a personal video to wish him "Happy Birthday!" and to thank everyone for being such loyal 'Nova fans. The following year the Laperriere fan club returned the gesture and about half of Massachusetts made a video wishing "Coach" Jay Wright a very "Happy 60th Birthday."



Would there be another blessing? Would the opportunity present itself?

Two special events would take place that evening. The first was a proper farewell to "Jay Wright." The other was the retirement of Jalen Bunsen's jersey. Fans were asked to come early to the game to see and hear Coach Wright. He didn't let us down. He talked all about how a "Positive Attitude" and "Work Ethic" is the foundation for everything in life. In fact he explained that there are only two things that we can 100% control: 1. our Attitude and 2. our Effort.



"The most important characteristic any of us have is our attitude. We don't have a choice whether we're going to feel good or we're going to be tired. Whether it's going to rain outside — whether things are going to go our way. But we do have a choice about what our attitude is going to be getting out of bed... coming into work... stepping into a room. We have a choice and we've got to make sure that choice is a positive one in everything we do." — Jay Wright

He explained that to build a winning basketball team he needed to teach his players about leadership, values, accountability, and discipline.

"If you think about how good you are as opposed to what the next challenge is going to be, then you've already lost. We have to stay humble". — <u>Jay Wright</u>

Instilling these values into the minds of the players was key to winning not just one National Mens' Basketball Championships, but two!

Jay was then presented with a Jersey with the Number 520 representing the number of wins while coaching at Villanova.

Jay ended his career with a total of 642 career games as a coach counting his time at both Villanova and Hofstra. Under his leadership the Villanova Mens Basketball team won 2 National Championships, 8 Big East Championships, and 4 Conference Tournaments.



Jay finished his pep talk to the entire audience and then the game began with all of the students showing their positive attitude. The excitement of attending a game in person was there. The band played with spirit and the cheerleaders cheered. The flags were paraded and (next page)





Justin Moore worked the crowd into a frenzy. It was exhilarating to watch him play and hear the fans cheer, but the highlight of the night was yet to come.



After the game we were invited into the Courtside Club from a member that Ricky knew. What a night!!!! Jay was there to interview two of his players from the 2016 National Men's Championship team Ryan Arcidiacono and Jalen Brunsen.

Jalen was there because he was being honored by the school by having his jersey number retired to the rafters and his freshmen year roommate and fellow basketball teammate at Villanova and now the New York Knicks teammate was there to support his lifetime friend and team-

mate. Jay was there to bust their chops a little and do a podcast on how "Attitude" and hard-work paid off for both of these young men.

Both players came that evening as fellow New York Knicks players, but that night a major blow was struck for Ryan Arcidiacono ("Arch"). The night was truly bittersweet. On one hand it was amazing to have most of the NY Knicks teammates and coaches come in person to Villanova to celebrate and to support Jalen for the honor of having his jersey retired to the rafters. On the other hand Arch received devastating news. He was in the stands and got a text message that the press had broken the story that another 2016 Championship teammate, Josh Hart, was coming East and made it on to the KNICKS team. It was pretty exciting news. All three Villanova 2016 National Championship teammates had made it big. Next thing that happened was a reporter breaking the news at the Finn Stadium that Arch was being released from the

KNICKS and being sent to the West coast to the Portland Trail Blazers where Josh Hart had been playing Here's where

the "Positive Attitude" comes in. Even though devastating news was sent his way, Arch did the podcast with Jay with a smile on his face the entire time and even joked about his trade. He stressed about how fortunate he was to play in the NBA and although he was being traded he still felt like he was blessed. I was extremely impressed over how genuinely happy Archi was for Josh to have the chance to now play with Jalen. Both young men praised their coach and attributed their success to the values of discipline and humility they had been taught by Coach Wright. I had a chance to talk with Arch and told him that "When God closes a door, he always open a window." He leaned over and hugged

Now, just in case any of you were wondering if Ricky's birthday wish came true, yes, he got to see Jay at the podcast and even played the video Jay had sent him. Jay laughed and said he looked younger. He posed for a picture and wished Ricky a "Happy Birthday



Did You Know? In June 2022, Jalen Brunson signed a \$104 million dollar contract with the New York KNICKS-

Did You Know?Ryan Arcidiacono is getting married August 11, 2023 to Clare Jacobs. Jalen Brunson got engaged on September 22, 2022 to his high school sweetheart, Ali Marks.



Did You Know?

Chuck Everson pictured on Right next to Tina Laperriere and Heather Brown and Anthony Laperriere . He played under the leadership of Coach Rollie Massimino (1973-1992). Everson's 4 year career at VU yielded averages of 1.7 points per game and 1.5 rebounds. The 7 footer was a member of the legendary 1985 National Championship "Cinderella " team that to this day is the lowest seed (eight) ever to win it all. Coach Wright allowed Everson to come to practices and gave him and his family tickets to games while he was the head coach at Hofstra (one hour from Everson's home in Long Island) Everson is known as the "Social Director " He still attends Villanova games and is always willing to pose for pictures. Go Cats!







Q: What is an endowment fund?

A: An endowment fund is a permanently restricted, self-sustaining source of funding. Endowment assets are invested. Each year, a portion of the fund's earnings are paid out to support the scholarship program. Earnings in excess of this distribution are used to build the fund's market value. In this way, an endowment fund can grow and provide support for its designated purpose in perpetuity. When you establish an endowment fund, you create a permanent legacy granting scholarships in your name.

Q: How much money does it take to fund an endowment?

A: There are two key types of gifts each with different participation levels:

Scholarship in Perpetuity - \$25,000+ will establish a named scholarship in your name or your beloved's name. This scholarship can be targeted for a particular major or school such as the Engineering School or a particular major such as Biology. The student will be chosen based on your scholarship-granting guidelines

Family Legacy Fund - A \$50,00-150,000+ gift will also establish a named endowment. A copy of your bio will be given every year to each student who receives this scholarship This fund will grant as many Scholarships as can be funded from the endowment's earnings each year.

Additionally, with a Family Legacy Fund, you and multiple generations of your family may participate in selecting each Scholarship, including reviewing Scholarship applications. Each succeeding generation in your family will be reminded of your generosity.

Q: Do I need to fund my endowment in one payment?

A: No! We can accept pledges for up to five years, or you can create an endowment through a planned gift (will, trust, life insurance policy). You can even invite friends and family to donate to your fund.

Our mission is to "Bridge the Financial Aid Gap" You are making a real difference! Please help spread the word of our mission with other alumni and your family who attended Villanova. Help spread the word!

-Ask others to support us



Jake Coppen '23

Avon, CT

Major

Finance



- M& A Society
- Outdoors Club
- Intramurals

My friend Ryan and I doing an on -course shoot for an ad campaign this past summer.



To start my own business. My friend and I run a golf social media brand with over 375,000 followers across platforms. I have spent my senior year building this business so that I can eventually make it my full time job.

How the Blue White Scholarship is helping:

The Blue White scholarship has been a tremendous help in paying for college. The pandemic caused a lot of turbulence in my family's life and money became tight. I'm really appreciative of this foundation and the work to "bridge the gap" for Villanova students. Thank you!

Jobs you have worked to help pay for school:

- Travelers Insurance & Mercer Insurance; Intern
- Ironwood Private Equity; Intern
- · Maintenance worker at a golf course



Anna Staiger '23 (Cover Picture)

Hometown Manahawkin, NJ

Major Nursing
Minor Global Health

School Activities:

- SNAP (Student Nurses' Association of Pennsylvania); Executive Vice President
- Blue Blanket Research Team; Nurse Researcher
- New Student Orientation: Orientation Counselor
- M. Louise Fitzpatrick College of Nursing; *Ambassador*
- Alpha Phi Omega; Member
- NOVAdance; Team Captain
- Special Olympics; Medical Team Member
- Villanova Intramural Sports (Volleyball)

Career Aspiration:

To work as a NICU (Neonatal Intensive Care Unit) Nurse at a children's hospital.

Favorite Quote:

"In the end, it's not the years in your life that count. It's the life in your years." -Abraham Lincoln."

How the Blue White Scholarship is helping:

A decrease in financial aid over the last two years has put a strain on myself and my family. As a recipient of the Blue White Scholarship, I will not have to take out as many loans, which will decrease my stress during the school year, allowing me to focus on my studies and graduate with less accumulated debt.

Jobs I have worked to help pay for school:

- Main Line Health; Nurse Extern
- Villanova University Wildcard Office; Work Study Student
- Buckelew's Restaurant and Tavern; Take-out Server
- Villanova University INNOVATE Program; Nurse Researcher
- OCFASA (Ocean County Foot and Ankle Surgical Associates); Medical Assistant
- Fantasy Island Amusement Park; Arcade Attendee

Extraordinary Circumstances: I have two sisters, one of whom graduated from college in 2021. While we were both in school at the same time, I received adequate financial aid from Villanova University. Once she graduated, nearly all my financial aid was eliminated, forcing my family to take out additional loans and spend more funds on my tuition than what we expected. Blue White Scholarship has reduced the stress of both myself and my entire family. I cannot thank the donors enough for their generosity



Julia Herman '23 Hometown

Bethel Park, PA

Major Psychology Minor Counseling

School Activities:

- Chair of Special Events Campus Activities Team
- Co-President Food Recovery Network
- Mental Health Advocacy and Awareness Member
- Villanova Cross Fit Member
- Third Degree Black Belt Choi Kwang Do

Career Aspirations:

I aspire to have a job where I can work directly with people and be able to help them on a day-to-day basis. I am exploring the many applied psychology fields but I hope to either have a career in mental health counseling or in Human Resources.

Favorite Quote:

"You can do all things"-Soul Surfer

How the Blue-White Scholarship is helping:

The Blue White Scholarship is helping not only me but my family with financial assistance and adding me into a network of peers, alumni and donors to further my education and career aspirations.

Jobs I've worked to help pay for school:

- My first job at the age of fourteen was teaching the martial arts Choi Kwang Do to children at the Mt. Lebanon Tennis Center. I worked there throughout high school saving my earnings for college and during that time I earned a third degree blackbelt.
- I have also worked during the summer and semester breaks at a local community athletic center to earn extra money to help with my tuition.
- This past summer I worked both at the athletic center as well as an international virtual internship through Villanova with a non-profit organization in Ireland called Dyspraxia/DCD Ireland. The organization promotes awareness of and supports the needs of people with the disorder Dyspraxia which affects fine and/or gross motor coordination in both children and adults. I was able to lead online workshops and music therapy for children with the disorder and research projects.

Extraordinary Circumstances: My Father's business was severely impacted by Covid-19 and my Mom's salary was cut in half during the lockdown.

SPOTLIGHT: Jake Coppen '23 - Lessons Learned from Baseball

Last summer, my baseball team won the state championship. The championship looks good on paper, but that's not what I will remember.

I've played baseball since I was 5 years old. From tee ball to kid pitch to playing in high school. Being part of a team has always been important to me. But, as most things go, my playing career came to an end after my senior year in high school.

Baseball was a big part of my life

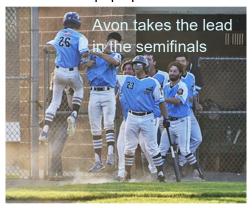


but I knew that that chapter was turning and I was on my way to new experiences in college. However, last spring I was offered a coaching position on my town's American legion summer baseball team. I saw it as an opportunity to get back into baseball and have some fun during the summer. It was also cool because I would be coaching 18 year olds (I was 20 at the time); my players were freshman and sophomore on the high school team when I was a senior captain. So, we were all familiar and the same goal of winning a state championship was on the table once again.

Looking back on that summer,



every player had breakthrough moments and enjoyed lots of success. But, Matt was different. Matt's brother died of a brain aneurysm at 22 years old a few weeks into the season. His brother Sam was a friend of the team and I knew him well. Obviously, this shook all of us but Matt in particular. I always tried to be there for Matt throughout the season, whether that meant in person or on the phone. As we began the playoffs, I began to see these shirts pop up in the stands.



People were wearing them to honor Sam.

I remember the final inning of the championship. It was a deep flyball to left center. All of our goals had come full circle and we had achieved what any team sets out to do. But, when I looked over at the stands I knew there was something more. I saw Matt's family crying and laughing together. That season and championship was more than wins and losses. It was about camaraderie and teamwork and playing for something bigger than vourself. And I also realized that my love for baseball was more than batting practice, game strategy, and all the technical aspects. It was about helping others and helping a group reach their goals and greatest potential.

With the help of the Blue White Scholarship Foundation I will be able to focus on helping others through Special Olympics and volunteering around the Philly area. I find great pride in lifting others and competing for a common goal. And that's why when I think back to last summer, I don't think about the championship. I think about the shirts in the stands. And I think about how I can have a positive impact on someone new every single day.

Baseball Trivia

answers on page 15)



- THE GAME BASEBALL ORIGINATED FROM WHICH COUNTRY?
- 2. IN WHICH YEAR WAS THE AMERICAN (MAJOR) LEAGUE FOUNDED?
- 3. WHAT WAS SPECIFICALLY DESIGNED TO BE THE SIZE AND WEIGHT OF A BASEBALL?
- 4. WHICH TEAM WON THE FIRST WORLD SERIES?
- 5. WHAT PLAYER HAS THE LONGEST HITTING STREAK IN MAJOR LEAGUE HISTORY?
- 6. WHAT BASEBALL PLAYER WAS INDUCTED INTO THE HALL OF FAME FOR INVENTING THE CURVEBALL?
- 7. WHAT BASEBALL INNOVATION WAS LEGALIZED IN 1884?
- 8. IN WHAT YEAR DID THE FIRST RECORDED BASEBALL GAME TAKE PLACE?
- 9. WHO WAS THE FIRST MAJOR LEAGUE PLAYER TO PITCH A BALL OVER 100 MPH?
- 10. WHAT IS THE MOST OFTEN-STOLEN BASE?
- 11 WHAT DOES "DP" STAND FOR?
- 12. WHEN A BASEBALL PITCHER HAS "CHEESE," WHAT DOES HE POSSESS?
- 13. WHICH UMPIRE POSITION IS KNOWN AS "THE ROCKING CHAIR"?
- 14. HOW MANY BALLS DO YOU NEED TO GET A WALK?
- 15. WHERE IS THE "KEYSTONE SACK" LOCATED ON A BASEBALL DIAMOND?
- 16. A BATTED BALL HITS THE FOUL POLE. WHAT IS THE UMPIRE'S CALL?
- 17. WHAT IS THE MOST POPULAR BALLPARK FOOD ITEM?
- 18. WHO WAS THE FIRST BASEBALL PLAYER TO APPEAR ON A WHEATIES CEREAL BOX?
- 19. WHAT IS THE "SYMBOL" FOR A BALK?
- 20. THE "TOOLS OF IGNORANCE" REFER TO WHAT?
- 21. WHAT DOES THE TERM "TWIN KILLING" MEAN IN BASEBALL LINGO?
- 22. WHAT ARE THE ONLY TWO DEFENSIVE POSITIONS ALLOWED OR REQUIRED TO USE A MITT?
- 23. WHAT DOES THE ABBREVIATION "A" STAND FOR?
- 24. WHAT DOES "IRS" STAND FOR IN RESPECT TO BASEBALL?
- 25. WHY WAS BABE RUTH'S JERSEY NUMBER 3?

Student SPOTLIGHT: Anna Staiger (Cover) Neonatal Nursing

Ever since I decided that I wanted to be a nurse, I knew I could envision myself working in the NICU (Neonatal Intensive Care Unit). When most people hear about NICU nurses, they often think that they hold, feed, and change babies throughout their shift. Sounds great, right? The truth is that newborns are admitted to the NICU to receive critical care because they are unstable to return home. They require care from nurses who use critical thinking skills and are detail oriented. The status of a newborn can drastically change moment to moment, and they need close monitoring by a nurse who will act quickly. This is often very stressful and traumatic for parents, especially those who expected a smooth birth story- go to the hospital, give birth, stay a few days, and return home with a healthy newborn. Going home from the hospital without your newborn is often one of the scariest things any parent goes through.



I am a Senior in the M. Louise
Fitzpatrick College of Nursing at
Villanova University and throughout
my clinical experiences, I was fortunate
to spend a few days in the NICU. I saw
first-hand what parents go through and
how the nurse can support them using
a family-centered approach. Aside from
caring for a newborn's safety and
physical needs, the NICU nurse can
care for the parents by being their
go-to person. NICU parents have a
unique experience because they are
not only welcoming a new child into



their life, but they are also trying to understand their newborn's health. The nurse plays a role in teaching the parents important parenting skills such as breastfeeding and skin-to-skin techniques. Skin-to-skin is also known as kangaroo care, and is a method commonly used in the NICU to benefit both mom and baby. It has been proven to help regulate the newborn's heart rate and breathing pattern, which often fluctuate greatly when in the NICU. Skin-to-skin also helps regulate the newborn's temperature and can stimulate digestion.



In addition to NICU nurses teaching parents about these essential skills, they also must explain why their newborn is in their current condition and how their health care team has decided to treat them. When parents expect to bond with their newborn in the comfort of their own home but are instead spending every night in the

NICU with their new child, they can easily feel stressed, overwhelmed, and lonely. That is why it is essential for nurses to listen to the parents and provide individualized support because each parent has their own unique experience. Many parents benefit from joining a support group with other NICU parents because it provides them with a safe space to express their feelings and really empathize with other parents.

As a Registered Nurse in a hospital after graduation, I understand that my role is to not only care for my patients (although their safety is my #1 priority), but their entire families. This is something that has been strictly taught to me as a Villanova Nurse. I am extremely thankful for the Blue White Scholarship Foundation for supporting me through nursing school and for allowing me to gain these skills that I will use every day of my career. I look forward to my future as a Registered Nurse in the NICU where I will apply my critical thinking skills and familycentered approach to care.

Fun Trivia: Newborns (first 28 days of life) are very unique, specifically in



the sense that their brains are much underdeveloped compared to the average adult, but they grow very fast. By six months of age, their brains are half the size of an adult's brain! Some of their senses function the exact same as an adult (such as their sense of hearing), but their vision is very different. Did you know that newborns prefer to look at objects with contrast, specifically black and white?

What Makes Anna Staiger'23 An Extraordinary Nurse?

Anna Staiger '23 FCN is a very "hands on" nurse. What do I mean? Anna decided her freshman year to not only study nursing, but to get involved in creating medical equipment that could become a solution to a crisis. When the Covid-19 swept over the country, parents with newborn babies were left in a lurch and something had to be done. Anna, nurse extraordinaire came to the rescue.

To explain why Anna Staiger is an extraordinary nurse you need to know who she is. Anna Staiger is a Senior Nursing Student with a Global Health minor in the M. Louise Fitzpatrick College of Nursing. Like most Villanova students who like to participate in service and volunteering, Anna is volunteer for both the Special Olympics and NOVAdance, but it is her passion for nursing that has caused her to excel in her nursing career. She is the current Executive Vice President of Villanova's SNAP (Student Nurses' Association of Pennsylvania) Chapter, a Nursing Ambassador for the Nursing School and is a member of NANN (National Association of Neonatal



Anna and Andrew Choy also a Blue White Scholar attend a NSNA Conference.

Nurses) and SONSIEL (Society of Nurse Scientists, Innovators, Entrepreneurs, and Leaders). But it is the extraordinary work she has done with Villanova Nursing Professor Sunny Hallowell, PhD, that is fascinating. Since Anna's freshman year, she has been collaborating with Dr. Hallowell and engineering students on their "Blue Blanket" project through the INNOVATE program at Villanova University. Anna is the first nursing student to participate in the College of Engineering INNOVATE program, established in 2017. INNOVATE supports undergraduate teams in developing innovative solution to unmet societal or technical challenges. When Covid-19 swept the country, it created a crisis for millions of people who needed medical care. Most people put off the care they needed, but for new parents is was terrifying. What could be done for babies who suffered from jaundice? The Blue Blanket is a home treatment option to safely treat infant jaundice from home. Mayo Clinic describes Infant jaundice as a yellow discoloration of a newborn baby's skin and eyes. Infant jaundice occurs because the baby's blood contains an excess of bilirubin (bil-ih-ROO-bin), a yellow pigment of red blood cells.

Bilirubin is toxic to cells of the brain. If a baby has severe jaundice, there's a risk of bilirubin passing into the brain, a condition called acute bilirubin encephalopathy. Prompt treatment may prevent significant lasting damage. Signs of acute bilirubin encephalopathy in a baby with jaundice include: (Listlessness; Difficulty waking; High-pitched crying; Poor sucking or feeding; Backward arching of the neck and body; Fever) Kernicterus is the syndrome that occurs if acute bilirubin encephalopathy causes permanent damage to the brain. Kernicterus may result in: (Involuntary and uncontrolled movements (athetoid cerebral palsy); Permanent upward gaze; Hearing loss; Improper development of tooth enamel)

Villanova Nursing Professor **Sunny Hallowell, PhD,** proposed the design of an intervention to remotely treat and monitor jaundice—the most common condition requiring medical attention in newborns. Anna wanted to collaborate with the engineers. "As Nursing students, I believe it is important for us to develop skills in collaboration and innovation before we enter practice because nurses collaborate with professionals in other disciplines on a daily basis," "While the Engineering students focused on designing and creating the electrical parts and physical construction of our prototype, I focused on our device being effective, safe, comfortable and realistic in its setting," Within three months, the team developed a prototype device (the Blue Blanket) that emits a blue light which lowers the high levels of bilirubin in the blood that causes jaundice. The Blue Blanket also monitors the infant's body temperature to ensure safety. A mobile app displays the infant's vital factors. Note: Anna has presented her research with Dr. Hallowell at several of the NSNA (National Student Nursing Association) conferences. We look forward to finding out what come next.

Student SPOTLIGHT: Julia Herrman - Campus Activities Team



During the winter of my senior year in high school, I attended Villanova's Early Action Candidates' Day. One of the activities during Candidates' Day was going to an Involvement Fair where I got the chance to meet and learn more about several different student organizations at Villanova. The first booth that I

visited was the table for the Campus Activities Team (CAT). On Candidates' Day, I learned that CAT was a completely student-run organization that worked to plan and provide on and off campus programming for Villanova students. CAT was exactly the type of student organization I had been hoping to join in college because it gave me the opportunity to make friends and have fun while also getting to learn more about Villanova and provide an enjoyable college

experience for my fellow classmates. Thus, Early Action Admitted Students Day began my journey as a part of CAT.

I officially became a part of CAT in the fall semester of my freshman year when I signed up to be a part of CAT's Operations Team at the Student



Involvement Fair. As part of the Operations Team, my job was to assist the Directors of CAT at the events by helping them set up, run the check-in table, clean up, etc. Some of my favorite events that I was able to help with as an Operations member were Gingerbread Cookie Decorating, Men's Basketball Game Watches, and the Villanova Inclusion Party.

In the spring of my freshman year, I decided to apply to be a Director for Special Events. The role I received for my sophomore year was Director of Game Watches and Annual Programming.

In years past, the Director of Game Watches and Annual Programming has been in charge of CATchella (a dance-party event for incoming freshmen that takes place during orientation,) Men's Basketball Game Watches, and VolleyNova (a beach volleyball tournament that takes place the last weekend of the semester to celebrate the start of summer). The Game Watches in 2021 and 2022 looked much different than they had in years past. Because students were

not able to attend home games at the Pavilion, CAT was responsible for providing a game watch for each game of the men's basketball season. Our game watches included a mix of online game watches where students could play Bingo to win prizes as well as in-person outdoor game watches with giveaways from The Nation and food trucks. At the end of the year, I was able to host a successful VolleyNova tournament with a total of 16 teams. I also organized a number of smaller events throughout the year such as a Cornhole Tournament and Glow in the Dark Mini Golf.

Out of all of the events I planned in my time as Director of Game Watches and Annual Programming, my favorite was the Men's Basketball Game Watch for the Sweet Sixteen game. For that event, we had both a senior event and a general student body game watch with each having their own food trucks and performances by the Marching Band, Cheerleaders, and the Dance Team. The event took a lot of planning and coordination but it ended up being one of CAT's most successful events last year and had a great turnout.

Going into my junior year, I joined the executive board of the organization. My new role for CAT is the Chair of Special Events. My responsibilities are to oversee the Directors in the Special Events Department. There are four Directors that I oversee: Games Watches and Annual Programming, Holidays, Senior Programming, and Green Programming

Overall, my time in CAT has helped me become more involved in the Villanova Community. I have developed great relationships with the other members of CAT and they have become some of my closet friends on campus. I also feel that through CAT that I have made in difference for a number of students at Villanova. In the 2020-2021 academic year, CAT was the only social outlet for many students on campus due to the COVID-19 restrictions. Many students have expressed their gratitude towards CAT for providing events on campus and giving students an opportunity to escape from their studies and spend time with their friends. My time as a part of CAT has been truly worthwhile and has made my time at Villanova thus far that much more enjoyable.



Julia Herrman '23 - Thank You Note to Donors

as a recipient for the Blue White Scholarship. I am writ-

ing to thank you for your generous donation to the Blue White Scholarship Foundation and selecting me to be a recipient!

I would like to tell you a little about myself and how Villanova and the Blue White Scholarship will help me reach my career and lifetime goals. I am a senior from Bethel Park, Pennsylvania majoring in Psychology with a minor in Counseling.

For as long as I can remember, I've always wanted a career that would help people. While I am still deciding which exact career path I will follow, I do plan on pursuing my master's degree in Psychology after graduating.

From the moment I first stepped foot on the Villanova campus I knew this was the place for me. I immediately felt at home and

part of the community. I am so proud to be a student at Villanova and all the benefits that a Villanova degree will be able to provide me in the future.

My first job at the age of fourteen was a martial arts instructor teaching children Choi Kwang Do. I worked there throughout high school saving my earnings for college and during that time I earned a third degree blackbelt. I have also worked during the summer and semester breaks at a local community athletic center to earn extra money to help with my tuition.

This past summer I worked both at the athletic center as well as completed an international virtual internship through Villanova with a non-profit organization in Ireland called Dyspraxia/DCD Ireland. The organization promotes awareness of and supports the needs of people with the disorder Dyspraxia which affects fine and/or gross motor coordination in both children and adults. I was able to lead online workshops and music therapy for children with the disorder as well as participate in several research projects which I found very rewarding.

Like a lot of families, COVID-19 has had a significant negative financial impact on our family. From my father's business being severely impacted as businesses were

Hello! My name is Julia Herrman. I was recently selected forced to eliminate the services he provides to my mother's salary being cut in half during the lockdown. These

> events put a tremendous strain on our situation. It caused concern as to the ability to afford continuing at Villanova without having to take on additional loans or work full time during the school year. By receiving the scholarship, I will be able to continue my studies without the additional stress of having to work additional hours to cover the cost of tuition, books, etc.

The Blue White Scholarship will also allow me to continue to immerse myself in campus life in the activities which I am involved. I am currently the Chair of Special Events for the Campus Activities Team which puts on cam-

pus events such as game watches, on the green activities, holiday events and special events for seniors. I am an officer for Food Recovery, which donates excess cafeteria food to local community food banks, and I am also part of the Mental Health Club.

I can't thank you enough for your generosity not only to the Blue White Foundation, but to me and the many other recipients you have impacted. Your kindness has inspired a community of hardworking students to follow their dreams. Your commitment to helping people like myself is in line with what I want to accomplish in my career and my life ahead. I will work hard so that one day I can give back to a student in a similar situation so they can also accomplish their goals. Thank you again for giving me and my family this gift and I promise to work hard everyday to pay it for-Gratefully yours, Julia Herrman ward.





Answers to Baseball Trivia

- 1. England. It descends from 2 English games- Cricket & Rounders
- 2. 1901. Initially it was founded as a minor league called the Western League in 1893
- The Hand Grenade. It was thought that U.S. soldiers would find baseball shaped grenades easier to throw.
- 4. Boston Americans. They played against National League champion Pittsburg.
- 5. Joe DiMaggio. DiMaggio scored a 56 game hitting streak in 1941 season while playing for the NY Yankees
- Candy Cummings. His Real Name was William Arthur Cummings. In the summer of 1863, 14 year old Cummings
 and his friends were throwing clam shells and observing their trajectory. Cummings figured it would be fun if he
 could make a baseball curve the same way.
- 7. Overhead Pitching. This was one of the 5 most significant rules changes in the history of baseball.
- 8. 1791
- 9. Nolan Ryan. He was one of the most successful & hardest-throwing pitcher in Major League history. His legendary fastball was nicknamed "The Ryan Express".
- 10. Second base. Second base is the farthest from the home plate & requires a longer throw from the catcher to prevent it from being stolen.
- 11. Double Play. A double play takes place when 2 offensive players are ruled out within the same play—which is why it's also known as "a pitcher's best friend'.
- 12. An Overpowering fastball. More precisely, a fastball high in the strike zone is called "high class" whereas a fastball low in the zone is called "Cheese at the knees".
- 13. Third base. (A 3rd base umpire typically doesn't make as many calls, hence the knick-name)
- 14. Four
- 15. 2nd Base. Second base is essential to both scoring & defense. It plays a critical function in the game-as critical as that of the keystone of an arch.
- 16. If the ball hits the foul pole, it is fair. If it hits it above the wall, it is a home run!
- 17. Hotdogs
- 18. Lou Gehrig. In 1934, Wheaties featured Gehrig on its cereal box, a first for an athlete.
- 19. BK. A balk is called when a pitcher on the rubber makes any motion associated with his pitching delivery, but does not actually deliver the ball.
- 20. Catcher's equipment these tools of ignorance include the catcher's mask, chest protector and shin guards.
- 21. A double play." Twin Killing" is a play on" Twin Billing", a movie house offers of 2 films on the same ticket
- 22. Catcher & first base.
- 23. Assists. Fielders get an assist when they touch the ball before one of their teammates manages to record a putout. That usually happens when the ball is fielded by one player and throws to another, as with most ground balls.
- 24. Inherited Runners Stranded. This is a baserunner who is on base when a relief pitcher joins the game.
- 25. He batted third. The legendary No. 3 jersey was acquired by the Hall of Fame on June 13, 1948.





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